Gamification of cyber ranges in cybersecurity education

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Abstract—There is a lack of cybersecurity experts, and this problem is getting worse with the increasing number and importance of IT systems together with rising number and sophistication of attacks. Rapid development in cybersecurity necessitates constant training and practice to keep up with the latest threats. Studying IT, and especially cybersecurity is considered difficult and there is an urgent need to encourage interest of students in this field. One promising avenue to improving the situation is gamification. Gamification has been used in education to improve enthusiasm of students, increasing their numbers, information uptake and retention. Leveraging social connections and human competitiveness can further motivate students to take part and engage in the learning activities they would otherwise not consider. Virtualized environments offer means to scale up the practical training as well as share latest teaching methods. Cyber ranges used by educational institutions often are such open platforms that provide such practical cybersecurity training. Moreover, with some thoughtful planning they can prove to be popular serious games. In this paper, we explore opportunities for hands-on cybersecurity education by using gamified scenarios in cyber range virtualized environment. We focus on cyber testing environments, what their types are, and what it includes. We place emphasis on creating basic game scenario close to real-world situations.

Keywords—cyber range, cybersecurity education, virtual learning technology

I. INTRODUCTION

There is a plethora of information freely available on the Internet on almost any topic including cybersecurity information and tools. The lowering of access bar has both positive and negative effects. Those motivated can acquire knowledge to defend complex IT systems, or how to attack them. Readily available tools and techniques to bring down systems or networks, combined with the consequences of those attacks in the real-world necessitate growing budgets dedicated to defense of these systems. To keep the ever-increasing number of IT systems functioning and protected, training more cybersecurity professionals is unavoidable.

A proper environment is needed for the training for the students and to make sure they can experiment in a safe environment. Cyber ranges were long used by industry for training and testing in isolated training networks, but they were expensive and unavailable to majority of schools and universities. Utilizing advances in virtualization, containerization, orchestration and provisioning, cyber ranges can be created more cheaply and easily. In these environments, the students can safely learn how attacks against many services work and how to defend against them.

The main contribution of this paper is a fully functional scenario for cyber range with gamification elements for teaching offensive cybersecurity and penetration testing techniques.

The rest of this paper is organized as follows. In Section 2, we discuss the current state of the art in cybersecurity training. Section 3 provides overview of cyber ranges and their taxonomy. Game scenario design is presented in Section 4, with Section 5 providing its verification and test results. Conclusions and future work are discussed in Section 6.

II. STATE OF THE ART

Cybersecurity education is gaining importance in all aspects of life. As such, it can cover a vast and various spectrum of information and skills depending on position and responsibilities. In this section, we address them from simplest cybersecurity awareness - necessary for all, moving on to more specialized knowledge and corresponding tools required by cybersecurity professionals.

A. Cybersecurity Awareness

If we want to secure people or make them feel secure in digital infrastructure, we need to train them, so they understand what they need to do in security management. They must know what threats can appear on the internet. However, they must know what they are talking about, know both theoretical principles of threats and practical skills in defense against them. If we train these people and make a new generation of professionals in cybersecurity, we can rely on them to know what they are talking about. These professionals can further lead or manage the team of cybersecurity specialists and work on, e.g., penetration tests for companies or red team attacks on companies. These people can protect companies and even people in society.

B. Methodology for Cybersecurity Education

The education methodology represents an essential role in the teaching process. When a teacher can motivate their students, to arouse their interest in the topic, they fulfil their purpose. However, how to motivate more students and not just a few of them? One education method particularly suited for cybersecurity is gamification.

According to [1] *Gamification* is the use of game mechanics and game thinking to engage users in solving problems and motivate them by introducing elements of



Figure 1. Cyber range taxonomy [6]

competition and reward. Many people are competitive and try to perform better, as some rivalry motivates them to challenge themselves. Furthermore, the concept of gamification can be applied in cybersecurity learning or training. This concept makes it great for learning new ideas and techniques for beginners in this field. If competitive elements along with fun are added to the learning platform, it becomes more enjoyable and brings the spirit of learning [2]. Through gamification, trainees can obtain the appropriate practical skills and the corresponding to an incident or a special cyber-attack occasion [3].

Students remember only 10% of what they read; 20% of what they hear; 30% of what they hear, if they see visuals related to what they are hearing; 50% of what they hear, if they watch someone do something while explaining it; but almost 90% if they do the job themselves, even if only as a simulation [4]. This approach is good to use because, in the cybersecurity field, there are a lot of programs and tools that students must know and use. Some of the tools we can mention are Nmap, Metasploit, Burp Suite and many others.

C. Capture the Flag

A cybersecurity CTF is a competition between security professionals and/or students learning about cybersecurity [5]. The key component in this type of competition is to find a flag. The flag is often hidden from the user and can be obtained after successfully completing the specific challenge. The flag can be anything we can think of, but in cybersecurity, this is often a text file, which indicates that

the user has found the flag. This principle might feel easy for anyone; however, we should keep in mind that time is one of the most factors that can affect a player's actions when it comes to the competition.

The most common types of CTFs are: *Jeopardy*- teams have to solve a set of challenges from areas such as Cryptography, Forensics, Reverse engineering, or anything else; *Attack-Defense*- some teams try to attack, and the other teams try to defend from attacks; *Mixed Competitions*: change formats [2].

Cyber challenges, code sprints and other gamified activities and competitions hold enormous promise in both the public and private sectors and can be used in all phases of the employment lifecycle [7]. These activities have become more prevalent in recent years and some of the most popular online cybersecurity games are *TryHackMe*, *HackTheBox*, and *picoCTF*.

III. RELATED WORKS

Best learning results are achieved with practice, and gamification of learning through cyber ranges makes the practical learning of cybersecurity more engaging.

A. Cyber Range Overview

There are a lot of definitions that can describe, what a cyber range is, what it contains and what it should provide. One of the many definitions is by NIST, describing cyber range as "*interactive, simulated representations of an organization's local network,*

What is the common level of education needed for staff supervising a Cyber Range?

5 responses



Figure 2. Education required for staff supervising a cyber range [8]

system, tools, and applications that are connected to a simulated Internet level environment." Another description of cyber range says it is just a realistic environment for cyber warfare training. These definitions may vary in some respects, but the essence is the same.

Use of cyber ranges and research in this topic is growing in cybersecurity training. They seem to offer more opportunities than just a regular CTF game. However, a cyber range can have aspects of CTF. It all depends on how the cyber range is implemented and what it can offer. Cyber ranges provide a great opportunity to simulate different scenarios, teach students and sharpen their skills, and for professionals, to strengthen their security team and try to replicate the real-world scenario for attack-defense. Cyber ranges seek to provide highfidelity simulations of realistic networks to present practical scenarios for teams [9].

Although we provide a reason for individuals to use cyber ranges, in a way that cyber ranges are developed, their main aim is on red-blue teaming. In Chouliaras et al. [11], 10 cyber ranges were surveyed about their focus in cybersecurity, 7 out of 10 cyber ranges selected the option for red or blue teaming. The next most voted option was the SCADA system. The paper ascribes this due to the incidents at Iran's nuclear program and attack on the Ukraine power grid. While CTF is a great way for students to improve and maintain learned skills, only 2 cyber ranges have environment for this type of challenge.

Cyber ranges can be categorized in terms of their deployment. *Simulation* - recreates the core traits of a security scenario, it does not need to be in a virtual machine, it simulates the main activity of e.g. server. *Emulation* - to mirror a production network, this can be a real software that operates in e.g. web server, mobile app, *Hybrid* - combination of the previous two types. [10]

Papers [12, 13] also describe types of cyber ranges, but they might have slightly different naming convention. We should note that in some papers on cyber ranges, authors have described emulation type as a hybrid type of cyber ranges, Additionally, some authors do not distinguish between these types of cyber ranges or define them vaguely.

In [6], Yamin et al. present a new taxonomy for classification of cyber ranges, which can be seen in a Figure 1. Each cyber range can have different goals. This taxonomy provides a complex insight into cyber range, based on 6 main concepts – *scenarios, monitoring, learning, management, teaming, and environment.*

Cyber range can be focus on just one, a few or can try to cover all points of the taxonomy. However, this can be a difficult as complexity rises excessively. Identifying targets, setting goals and expectations in managing a cyber range accordingly is necessary.

Darwish et al. [8] surveyed educational cyber ranges about their experience with the new technology in teaching cyber security. While it should be highlighted that the survey had responses only from 5 educational institutions, it represents universities' perspectives and experiences on managing cyber range. They discovered that more than half of educational cyber ranges surveyed required supervising staff with at least a Master's degree, as shown in Figure 2. It reflects varying complexity of cyber ranges based on the goals. This can also be result of required knowledge for managing cyber range - cyber security, computer networks or at least the basics of computer science.

B. Game Scenarios

Game scenarios design and implementation need to be specified with respect to the goals and modified for specific audience where possible. Games started as simple and mostly static, which limited their scope and flexibility. More complexity and dynamic elements were included later. This shows an advancement in the specification and execution of scenarios in cyber ranges. According to Yamin et al. [6], these dynamic components change the environment and make the scenario more realistic.

Another approach to flexible games is automatically creating randomized scenarios, as outlined by Schreuders et al. in [14]. They present Security Scenario Generator (SecGen) - a modular framework to create rich-scenarios by generating a random number of virtual machines with random vulnerabilities. These scenarios are preconfigured with everything needed, e.g. scenarios can contain multiple virtual machines, random vulnerabilities in configuration vulnerabilities, systems. network configuration, anything like that. This approach is helpful when teaching students how to exploit different vulnerabilities, get system privileges on these machines or make a CTF competition for students. It also limits opportunities for students to find out the scenario write-up on the internet and defeat the purpose of the teaching method.

When planning a cybersecurity game, scenario introduction, tasks and its interconnection with the overall storyline can be crucial for player immersion. This is especially if the player is not familiar with the cyber range environment.

C. KYPO Cyber Range

KYPO cyber range [15] is an open-source cyber range that provides two related environments. First is a cloud based KYPO Cyber Range Platform (KYPO CRP) for running multiple sandboxes in parallel. Second, KYPO Cyber Sandbox Creator (KYPO CSC) is lightweight standalone environment for running the sandbox on student's own computer. Game scenarios created for KYPO CSC can be easily modified for deployment on KYPO CRP, as both use the same formats. The only difference being the underlying virtualization technology.



Figure 3. KYPO Cyber Sandbox Creator architecture [15]

Figure 3 depicts the architecture of the KYPO CSC together with the setup pipeline. The first step is creation of topology definition by the instructor (superuser). The topology can further be customized by additional software and/or configuration for desired sandbox in the form of *Vagrant* file. This *Vagrant* file can be distributed among students and used to recreate the sandbox on each student's computer.

IV. GAME SCENARIO DESIGN

Aim of the proposed game is to create a red team CTF scenario - an environment for teaching offensive techniques in penetration testing course. Our goal is to provide knowledge on specific vulnerabilities in a system and to understand the methods of exploiting these vulnerabilities. The central concept of the game is to teach students how to get into the mindset of potential attackers. Students can benefit from this understanding of offensive thinking when they are responsible for defending systems against intrusions. The techniques learned and order of actions are applicable to offensive cybersecurity in general.

The players should find 2 flags that are specific files on the target VM during the game scenario. The first flag is in file *user.txt*. This file indicates that the player successfully gained access to the target with user level privileges. This can be done after exploiting the Shellshock vulnerability. The second flag is in file *root.txt* and is accessible after indicates that the player gained access to the root account.

The scenario objectives map onto standard real-world intrusion actions. First, the *reconnaissance* and finding the target server on the network, followed by *target scan* of open ports. *Enumeration* on detected open ports to find a way in. *Exploitation* of vulnerable service, in this case *shellshock* in old version of bash to gain access to the system. After gaining initial access as a normal user, explore the system or try brute-force for *privilege escalation* to gain root access.

The game scenario was implemented in KYPO CSC, using a standard Kali Linux VM and a modified target VM - customized by installing applications and changing setting to include the desired vulnerabilities. As scenario storyline and tasks are not delivered by KYPO CSC, these are provided by a standalone webpage. The walkthrough webpage for players includes 6 interconnected levels, with tasks that take the player logically through the intrusion process to gain access and get the 2 flags on target system. Additionally, there is an optional *spoiler* for each level with specific instructions how to complete the level. This was added so that players can continue the game when they might get stuck on a specific task.



Figure 4. Designed scenario topology

V. VERIFICATION AND TEST RESULTS

Functioning of the game scenario was continuously checked during the whole development process by its creators. The correct behavior of the game final version was verified by an independent teaching assistant before start of testing and gathering feedback by a small group of volunteer students.

The final game scenario was tested by a total of 6 volunteer participants, who were mostly IT students. Although this was a small sized test pool, participants had different levels of offensive techniques knowledge beforehand. Thus, the feedback provided was representative of introductory course students.

The participants filled in a feedback form documents, with questions focusing on three areas. First, clarity of the tasks and walkthrough instructions. Secondly, the game itself, achieved outcomes, and the participant engagement with the scenario. Thirdly, to provide any general notes and comments. The feedback from participants was beneficial to improving the game - to see how users understood the walkthrough and judge the difficulty sufficient.

A. Walkthrough Instructions Feedback

The first two questions in feedback form were multichoice and focused on the state of the game completion by players, and use of the walkthrough instructions and spoilers. Test players were representing almost the whole skill spectrum, missing only those able



Figure 5. Test players responses on game completion



Figure 6. Test players responses on spoiler usage

to complete the scenario by themselves without using walkthrough instructions, as can be seen in Figure 5. By investigating answers to the second question, seen in Figure 6, we observed that two thirds of test players used spoilers a few times, except one skilled player who used it only once and one beginner who use them many times.

The following questions were for the participants concerning the walkthrough instructions and were open ended. *If you used the walkthrough instructions, was there something not explained enough? Did you find anything difficult to understand?* Most users replied that the level 5 (Python Library Hijacking privilege escalation method) was not written well, or they found it difficult to understand and follow the instructions. Instructions for Level 5 were considered too vague by the users and most had problems completing it. Even though references to similar examples were included, students seem to have overlooked them.

Based on the feedback, the walkthrough instructions were improved by including more details and changing formatting with more emphasis on references.

B. Game Outcomes Feedback

Feedback questions on the game outcomes were open ended, as we looked for test players own opinions and ideas for improvement.

Have you learned anything new?

All participants learned something through the game. Half of the players responded they learned about the Python Library Hijacking privilege escalation method. This was probably because of the disproportionate time they spent on this task. Two replied that they learned what privilege escalation is and why is it important. One increased familiarity with the tools used.

Have you experienced any problems with the game?

Most participants mentioned level 5 Python Library Hijacking, but these were caused by not actually understanding the walkthrough instructions. One participant noted crash of the VMs during enumeration, but as the problem was reappear, it was probably a random occurrence not caused by the scenario or cyber range environment.

Did you enjoy the game?

All answers were positive, with one participant noting they hope to have more course assignments use this form of environment.

Based on the responses, the continuous checking during development of the scenario and its verification before the start of the testing with volunteer players prevented any technical problems during testing.

C. Test Results Summary

We received differing opinions on the game from the test participants. The thinking was that the game scenario design is well made overall, but the thing that needs improvement is the walkthrough instructions. The descriptions of the task levels are acceptable. The problem is that the expectation for the interest of users and the time they spent on later and more difficult tasks would be higher.

Overall, we evaluated that this game is suitable to be included in cybersecurity course with a focus on penetration testing. The results are encouraging and after minor modification, the game can be included into education process. Results of the evaluation show that the students learn new and valuable practical skills for cybersecurity in general and penetration testing in particular.

VI. CONCLUSIONS

We set out to improve practical cybersecurity training with realistic game scenarios. In this paper, we presented offensive cybersecurity game scenario for KYPO cyber range together with results from its preliminary testing and feedback. The designed game scenario was implemented and functionally verified utilizing KYPO Cyber Sandbox Creator. A small group of participants with various levels of subject matter knowledge tested the game scenario by playing it and provided feedback.

The scenario was judged by the players to be beneficial, engaging, and sufficient to be used for education of basic offensive techniques for penetration testing. The practical experience and knowledge of offensive techniques gleaned from the game prepares players for the role of penetration tester. Furthermore, understanding of the offensive techniques also improves awareness of how to defeat them when protecting a system.

The walkthrough instructions were improved based on the student feedback because the beginners did not fully understand everything as expected. Some misunderstanding might be expected, but players should fully understand what they are doing to get the best learning results.

The main contribution of this paper is a fully functional CTF-based game named Unpleasant, published at *https://gitlab.fiit.stuba.sk/xjely/unpleasant*. This repository contains everything that a user needs to set up the game scenario environment.

Next step in our research would be to conduct a larger scale testing not just with volunteers, but with all students of a penetration testing course. The larger sample size might reveal further ideas for improvement as well as optimization for further use.

In the future, the game may be improved and extended to include web-based vulnerabilities that may not lead into the Shellshock vulnerability, but to other vulnerabilities that can be exploited. This requires more effort in web development, such as creating a vulnerable web application. No matter what web-based vulnerability it can be, an Apache server is already installed on the server that future editors can take advantage of and create their own web page to create a vulnerability.

In the presented game scenario, we included multiple privilege escalation techniques and the Shellshock vulnerability exploitation. The editor should not continue creating more privilege escalation techniques. We think that the game provides enough privilege escalation techniques. Instead, a few techniques can be removed, and new techniques can be created, such as looking at the /etc/crontab file.

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